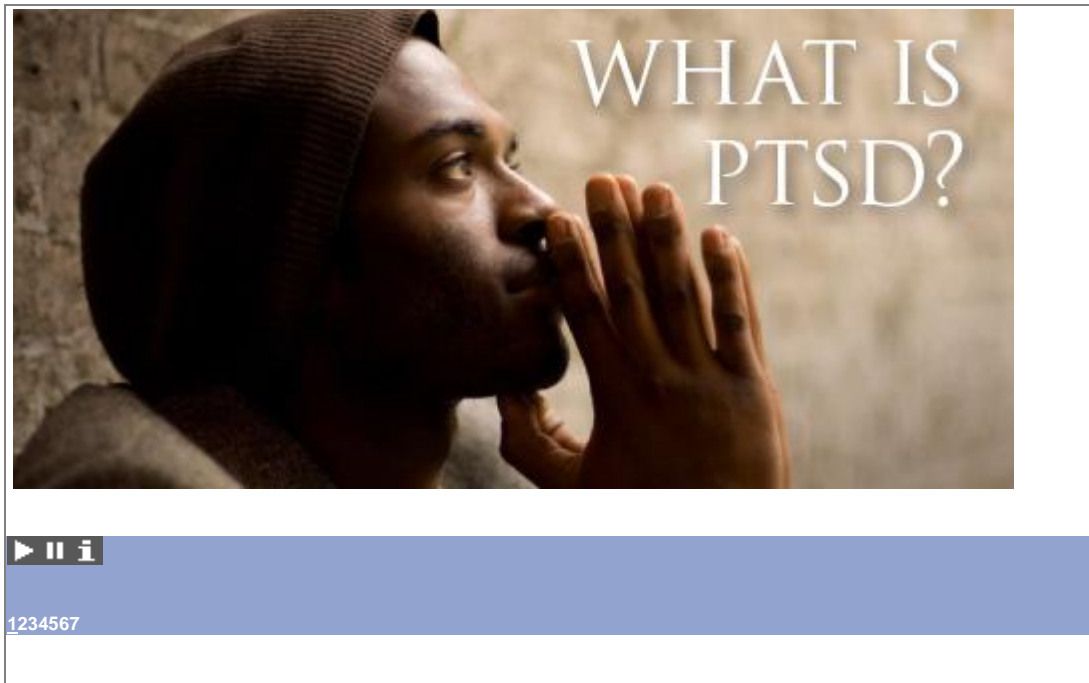


NATIONAL CENTER FOR PTSD

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National Center for PTSD

For Veterans and the General Public



Posttraumatic stress disorder (PTSD) can occur after someone goes through a traumatic event like combat, assault, or disaster. Most people have some stress reactions after a trauma. If the reactions don't go away over time or disrupt your life, you may have PTSD.

What's New

- ▶ The [PTSD Coach mobile app](#) is now available for Android and iPhone.
- ▶ Finding a [therapist](#) can be difficult. Here are some tips to help you find a professional or support group.

Featured Links

- [What is PTSD?](#)
- [Video: Women Who Served in Our Military: Insights for Intervention](#)
- [Returning from the War Zone Guides](#)
- [Treatment of PTSD](#)
- [VA PTSD Treatment Programs](#)
- [How is PTSD Measured?](#)