



Mental Illness Network News

The Monthly Newsletter of the
National Catholic Network on Mental Illness



June 2011



JOIN UP AT NAMI CONVENTION



Please let me know if you or someone you know are coming to Chicago for the NAMI Convention in July. I will be “chairing” the Thursday Networking session. Hopefully we can find some time to get together.

There are several sessions devoted to reaching out to Faith Communities. There is the “NAMI Faithnet Networking Session” on Thursday July 7th from 3:45 to 5:00 PM that I am chairing. On Friday July 8th, from 3:30 to 4:45, there is “Reaching Out To Faith Communities: Answering Frequently Asked Questions.”

SESSIONS TO NOTE

*NAMI Faithnet
Networking Session
(Chaired by Dn. Tom Lambert)*

Thursday July 7th
3:45 to 5:00 PM

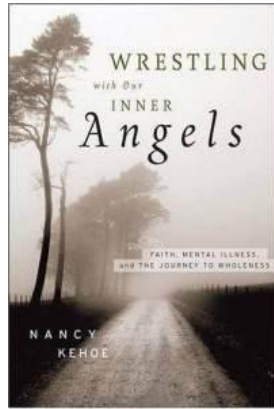
*Reaching Out To Faith
Communities: Answering
Frequently Asked Questions*

Friday, July 8th
3:30 to 4:45

*Reaching Out To Faith
Communities*

Saturday, July 9th
Afternoon

On Saturday afternoon there is a double session on “Reaching Out To Faith Communities” and a session presented by Sister (Dr.) Nancy Kehoe, author of the book “[Wrestling with our Inner Angels](#).”



Wrestling with our Inner Angels
by Sister (Dr.) Nancy Kehoe,
author of the book

Saturday, July 9th
Afternoon

EXCELLENT MATERIAL FOR USE IN ANY WORKSHOP

The following is an example of a workshop, “*Welcomed and Valued - Understanding Mental Illness*” that was done in Portland, Oregon. It was well received and contains the outline of the day, the opening prayer, the Theological Framework developed by the **NCPD Council on Mental Illness**, suggestions for individual and family support, and a “roadmap” for supporting people with mental illness in your parish. Excellent material for use in any workshop. Click on the pamphlet image for a downloadable copy.



RESOURCES: CHOICES IN RECOVERY

The “Choices in Recovery” website provides information and inspiration about Mental Health Recovery in relation to Schizophrenia, Schizoaffective, and Bi-Polar I disorders. The website is produced by © Janssen Division of Ortho-McNeil-Janssen Pharmaceuticals. The web address is www.choicesinrecovery.com and looks to have a lot of good information on it.



SUGGESTIONS FOR PRAYERS OF THE FAITHFUL



We encourage you to use these prayers in your parish:

For families who suffer due to illness, poverty, violence or other hardships;

that they may be given hope, support and relief by their parish community,
we pray to the Lord.

For children with disabilities;

that they may be loved and cared for by their families and neighbors,
we pray to the Lord.

For our neighbors, coworkers, friends, fellow Christians, and all people;
that they may increase their support for families and come to recognize that all human life is a gift from God and a reason for joy,
we pray to the Lord.

DID YOU KNOW

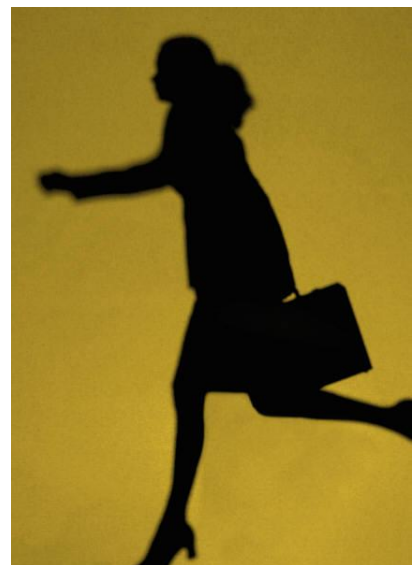
Can Adults Have ADHD?



National Institute of Mental Health
Transforming the understanding and treatment of mental illness through research

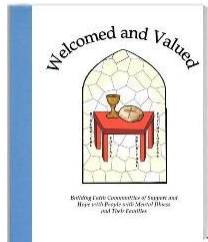
Some children with ADHD continue to have it as adults. And many adults who have the disorder don't know it. They may feel that it is impossible to get organized, stick to a job, or remember and keep appointments. Daily tasks such as getting up in the morning, preparing to leave the house for work, arriving at work on time, and being productive on the job can be especially challenging for adults with ADHD.

These adults may have a history of failure at school, problems at work, or difficult or failed relationships. Many have had multiple accidents. Like teens, adults with ADHD may seem restless and may try to do several things at once, most of them unsuccessfully. They also tend to prefer "quick fixes," rather than taking the steps needed to achieve greater rewards



(National Institute of Mental Health (NIMH) www.nimh.nih.gov)

NCPD: *WELCOMED AND VALUED* DVD & RESOURCE MANUAL



The *Welcomed and Valued* DVD and *Resource Manual* can be ordered on the NCPD website at www.ncpd.org/resources.



The DVD Discussion Starters and the Resource Manual are both available online for a free download ([Click here](#)).

We are hopeful of getting funding to do more one-day awareness workshops and three-day advanced trainings like those piloted in 2009 and conducted in 2010. The Council can also be a resource for people planning their own local meetings. Please let us know if we can be of assistance or if you know of any funding sources for our work.

FROM THE EDITOR

We invite you to tell us about your ministry. What are you doing, what are your hopes, and what are your struggles? One of our goals is to network ideas and ministries so that we can all share in the day-to-day life of people trying to make a difference by being Christ to one another.



Please send all emails to me, Deacon Tom Lambert, at olmcinfo2@aol.com and put **NCPD Council on MI Network** in the subject line. You can also call me at 773-525-0453 if you have any questions or ideas, or for more information on workshops, DVDs, speakers, and our [Resource Binder](#).

Please consider making a donation to support the mission of the Council on Mental Illness. Your help allows this effort to continue.

Donate
to NCPD

Our Mission:

Following Jesus who embraced all, we assist the Catholic Community in reaching out to and accompanying our brothers and sisters with mental illness and their families, assuring their rightful place in the Church and society.

National Catholic Partnership on Disability
415 Michigan Avenue, N.E., Suite 95
Washington, DC 20017-4501
202-529-2933; 202-529-2934 (tty); 202-529-4678 (fax)
Email: ncpd@ncpd.org / Website: www.ncpd.org

The logo depicts the Eucharistic table
to which all are called.

It also presents four dimensions to personal wholeness, each
important to healing and recovery:

spiritual, biological, psychological, and social.

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