

If a Prenatal  
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Poor...



You are not alone.  
There is help.

**Be Not Afraid** is a network of concerned parents and professionals who have experienced or worked closely with issues surrounding poor prenatal diagnosis.

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Do you feel numb and in shock?  
Heartbroken? Frightened and  
alone?

Are you considering carrying to  
term but uncertain how to find  
resources and support?

***Be Not Afraid*** is here to help  
you.

Our free service of practical guidance  
and compassionate care focuses on  
meeting the needs of expectant par-  
ents as they seek to honor the life of  
their baby no matter how frail or how  
brief.

We provide resource materials, assis-  
tance with writing birth plans, birth  
support persons as requested and re-  
ferrals to other community-based  
services and support groups.

To expectant parents, we offer unique  
insight and sensitivity regarding such  
difficult issues as mourning the loss of  
the anticipated baby, maintaining  
hope when a prognosis is poor, medi-  
cal decision-making during pregnancy  
and beyond, stillbirth and neonatal  
critical care.

For information, visit  
[www.benotafraid.net/nc](http://www.benotafraid.net/nc), and  
for support, call Sandy Buck at  
(704) 948-4587 or email  
[benotafraidnc@live.com](mailto:benotafraidnc@live.com)

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